

HOUSTON AREA FOOD PANTRIES

Anderson Food Pantry

Address: 1508 Gregg Street
Houston, TX - 77020
Phone: (713) 222-0373

Hours: 3rd Tuesday every month : 3pm- 4:30pm



Catholic Charities of the Archdiocese of Galveston-Houston

Address: 2900 Louisiana St.
Houston, TX 77006
Phone: 713-526-4611



Details: We provide food to families and individuals to self-sufficiency. As we help relieve the overwhelming stress that comes from the lack of basic needs, those in crisis are better able to work towards self-sufficiency.

East Spring Branch Food Pantry

Address: 7901 Westview Dr.
Houston, TX 77055
Phone: 713-464-0852

Hours: Monday: 11am-1pm
Tuesday: 11am-2pm
Thursday: 11am-2pm & 5pm-7pm
Saturday: 10am-12pm

Details:

Serves: Residents in zip codes 77024, 77040, 77043, 77055, 77080, or 77092.



Emergency Aid Coalition

Address: 5401 Fannin St.
Houston, TX 77004
Phone: 713-528-3663

Hours: Monday- Friday: 8:40am- 1pm
Sunday: 11am-1pm

Details: Sack lunch program, Clothing, food pantry.

Requirements: Need SS, birth certificate, proof of current address.



HOUSTON AREA FOOD PANTRIES

First Metropolitan Church

Address: 8870 West Sam Houston Pkwy N.
Houston, TX-77040
Phone: 713-983-7878

Hours: Tuesday- Thursday 9am- 11am
1st & 3rd Saturday of each month 8am-11am

Details: Requirements: State ID. Need to register to pick up food.



Gulf Coast Community Services Association

Address: 9320 Kirby Dr.
Houston, TX 77054
Phone: 713-393-4700

Hours: Monday- Friday: 9am-12pm & 1pm- 4pm

Details: Food pantry, call for referral, Food, mortgage, rent, and clothing, Computer Literacy.

Heights Interfaith Ministries Food Pantry

Address: 35230 Beauchamp St.
Houston, TX 77009
Phone: 713-861-6155

Hours: Thursday 5pm-7pm
Saturday: 10am-12pm

Details: Bring a photo ID and mail with current address. Serves residents in the zip codes 77007, 77008 and 77009.



HOUSTON AREA FOOD PANTRIES



House of Amos

Address: 8030 Boone Rd.
Houston, TX 77072
Phone: 281-495-9061

Details: Emergency Food Services, Educational Services, Immunizations, Referral, Resale Shop Services.

Houston Food Bank

Address: 535 Portwall Street
Houston, TX- 77029
Phone: (832)369-9390

Hours: Monday- Friday 3pm-8pm
Saturday: 9am-4pm

Mission: To help feed our neighbors in need.



Target Hunger – Food Distribution

Address: 1260 Shotwell Street
Houston, TX-77020
Phone: (832)767-1677

Details: Pantries serve eligible clients who reside in zip codes 77011, 77012, 77016, 77020, 77023, 77026, 77028, 77029, and 77078, once a month.

Secondmile

Address: 1135 Hwy 90A,
Missouri City, TX 77489
Phone: (281)-261-9199

Hours: Monday-Thursday 10 am – 6:30 pm

Mission: Second Mile exists to love our neighbors by meeting physical needs and equipping them to lead a responsible life in Christ. To help feed our neighbors in need.



Resources last updated 11/1/2024

HOUSTON AREA FOOD PANTRIES

West Houston Assistance Ministries Food Pantry

Address: 10501 Meadowglen Ln.
Houston, TX –77042
Phone: 713-780-2727



Hours: Monday, Wednesday & Friday, 9:30am-1pm

Requirements: ID, Documents with current address. **limited food service is available for households residing OUTSIDE zip codes 77042, 77057, 77063, 77072, 77077, 77082, or 77083

UNIVERSITY OF HOUSTON RESOURCES

1. Cougar Cupboard

- **Address (located inside the University Lofts)**
 - 4200 Martin Luther King Blvd, Room R101 Houston, TX 77004
- **Hours:** Tuesdays: 2PM-6PM; Thursdays: 3PM-5:30PM; & Friday: 9AM-1PM
- **Signup:** <https://uh.edu/csac/cougar-cupboard/sign-up/>

2. Campus Ministries Association

- **Baptist Student Ministries**
 - Free Lunch Tuesdays 11am-1:30pm
 - Center 4801 Calhoun Rd.
- **Houston Canterbury & United Ministry Houston**
 - Free lunch 12pm-1pm
 - A.D. Bruce Religion Center 2nd Floor Atrium

3. AD Bruce Weekly Opportunities

- Visit <https://www.uh.edu/adbruce/calendar/signature-events/free-food/> to see the schedule for a free meal available every Wednesday.