



March 3, 2025

This weekly newsletter from the UH Graduate School contains important information for graduate and professional students. Each week, new items are in red.

**Highlighted campus resource of the week:** [Cougar Cupboard](#) The cupboard is available to all enrolled undergraduate or graduate students who may need access to additional food.

**How to Complete Your Grad Student Tax Return (and Understand It, Too!) (Tax Year 2024)** The purpose of this **virtual, asynchronous workshop** is to teach graduate students about the federal higher education tax benefits available to them, including how to tabulate, calculate, and report their funding and education expenses. This workshop is specifically for students who are employed as graduate assistants. The tax workshop is asynchronous and includes videos and worksheets. The University of Houston Graduate School is providing access to the workshops free to the first 100 graduate students to register (preference will be given to graduate students who are employed as teaching or research assistants). Register [here](#) for free access for the first 100 registrants. After you register you will receive a link to the workshop materials. **Who teaches the workshop?** Dr. Emily Roberts is a personal finance educator specializing in early-career PhDs. Through her business, Personal Finance for PhDs, she equips graduate students, postdocs, and PhDs with Real Jobs to make the most of their money.

**3rd Postdoctoral Research Symposium:** The Office of Faculty Engagement and Development and the UH Postdoctoral Fellow Association will host the 3rd Postdoctoral Research Symposium on **Saturday, May 17, 2025, from 8:30-4:00 pm** on the UH Central campus. This symposium will showcase transformative scholarly research from graduate students and postdoctoral fellows across disciplines at the University. The symposium will include a keynote speaker, poster, and oral presentations. The symposium will conclude with a catered reception and award ceremony. Postdocs, faculty, and staff from all campuses are invited to attend. Here is the link to [RSVP](#) and a [Link](#) to submit Abstract, poster or Flash Talk Slide.

**CIRTL Network Programming:** Information about Center for the Integration of Research, Teaching and Learning (CIRTL) spring offerings for graduate students is available [here](#).

**Quick links to resources:**

[Coogs Care](#)

[Cougar Cupboard](#)

[Counseling and Psychological Services \(CAPS\)](#)

[University Career Services](#)

[Graduate Student Ombuds](#)

[Parenting Students](#)

Don't forget to show your school spirit and wear **RED** on Fridays.

**Enjoy spring break next week and Go COOGS!**